

August 2013

Dear Duluth Building Trades Health Fund Participant:

As Trustees of the Duluth Building Trades Health Fund, we are pleased to provide you with this updated Summary Plan Description which is effective June 1, 2013.

The information in this booklet is important to you and your family. Familiarize yourself with this information now and refer it to when you or your dependents require health care. After reading the booklet, if you have any questions at any time regarding the Plan please contact the Fund Office at 218-728-4231.

Quantity Limits for Pain Management Drugs

The enclosed Summary Plan Description at page 32 adopts quantity limits for some medications used for pain management. Quantity limits are clinical recommended limits put in place to help ensure safe utilization of medication. Pain Management medication subject to the new quantity limit requirements is as follows:

Drug	Quantity Limit Per 30 Days
All Acetaminophen/Codeine, Acetaminophen/Hydrocodone, Acetaminophen/Oxycodone products	Various per product up to 4000 mg/ day of acetaminophen
Actiq	120 units
Butorphanol NS 2.5ml	6 ml
Fentanyl patches	10 patches
Fentora buccal tab	120 tabs
Oxycontin	60 tabs
Ketorolac	20 tabs per 5 days

What should I do if I need to Take a Pain Management Medication at a Higher Quantity than the New Limits?

If you are in need of a medication that requires a higher quantity than that which is listed on the quantity limit list, you will need to submit a letter of medical necessity in order to receive the medication. Have your physician submit a letter of medical necessity request for your current prescription and quantity stating that it is medically necessary for you to be on the exact dosage and quantity. A letter of medical necessity is a request that must be submitted annually. You or your physician can begin the letter of medical necessity process by contacting the Envision Rx Options Help Desk at 1-800-361-4542.

Should you have additional questions, please contact the Envision Rx Options Customer Service Help desk at 1-800-361-4542. The Envision Help Desk is there to assist you with prescription questions 24 hours a day/7 days a week.

Sincerely,

Duluth Building Trades Health Fund Board of Trustees